

2012 - 2013

West Salem Parks & Recreation Fall & Winter Activities

West Salem Parks & Recreation Dept.
175 S. Leonard Street
West Salem, WI 54669

Check out our fall
movies in the park!

Saturday, Sept. 15th
The Lorax



Saturday, Oct. 20th
The Pirates:
Band of Misfits



Office Hours

Monday 9 AM - 5 PM
Tuesday 9 AM - 3 PM
Wednesday 9 AM - 3 PM
Thursday 9 AM - 5 PM
Friday 9 AM - Noon

In this brochure

Basketball Holiday Events
Volleyball Adult Programs
Cupcake Craze Martial Arts
An Excellent Adventure

Find us on Facebook!

Search for West Salem Parks
& Recreation Department
and "Like" us.

Recreation Department Information

175 South Leonard Street

Office Line: 786-0222

Event Cancellation Line: 791-0023

Work Cell: 790-1497

Fax: 786-3359

Web Site: www.westsalemwi.com

Email: mczerwan@westsalemwi.com

Email: tdagaetano@westsalemwi.com

Email: parknrecstaff@westsalemwi.com

How to Register

1. Register ONLINE (Credit Card Only)

Read through our catalog and then go to www.westsalemwi.com to register! Click on Online Registration on our homepage. Online registration will open at midnight on Tuesday, September 4th. There is a small convenience fee to use this service. Payment is either Visa, MasterCard, Amex or Discover.

What does this mean for you?

Register Early	Online registration opens first, which helps ensure you get into the programs you want before they are full!
Up-to-Date Anytime	Review number of class openings in all activities. Register from your home or the office, around the clock, seven days a week.
Quick Timely Private	Avoid waiting for mail to be processed. Receive e-mail confirmation within minutes of registering. Access your secure account details, family schedule and historical receipts.
Secure	Safe online payments with Visa, MasterCard, Amex, & Discover.

How do you get started?

1. CREATE AN ACCOUNT

Before registering for activities online, you must establish an online registration account and receive a Login Name and Password. While online, simply click the "Need a New Account? Click Here to Create!" button. **PLEASE NOTE:** If you are registering a child for an activity, please use your own information when filling out the online registration **ACCOUNT** form, **NOT** the information of the child you wish to register for an activity. After entering the Main Contact, simply click on the "Submit and Add Family Member" button to add family members. Once you have added everyone in your family to your account, and filled in all the necessary fields, click the "Submit" button to request your **NEW** Account. You will receive a verification e-mail following the creation of your account.

IF YOU REGISTERED FOR ACTIVITIES IN THE PAST YEAR, YOU ALREADY HAVE AN ACCOUNT.

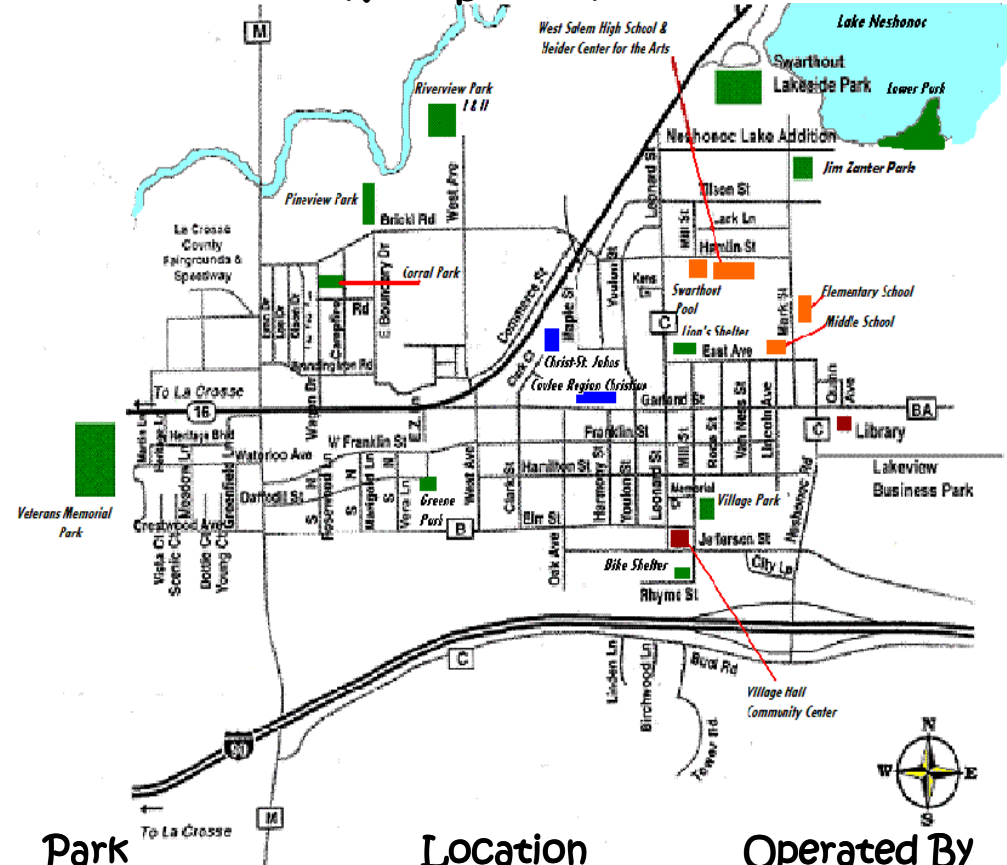
Contact us for your username & password if you forgot it!

2. REGISTER FOR PROGRAMS

Click the "Register Now" button on the ActiveNet home page. Select the Activity that you would like to enroll into. Clicking the underlined name will show you a detailed activity description. Click the "Add to My Cart" button if you wish to register for the activity. Next, sign in to your online registration account by entering your Login Name and Password. Proceed to the checkout by clicking the Continue button. Confirm your activity name, date, time, enrollee and price. Click Continue to proceed with payment. Enter your credit card information and agree to any required waiver(s) and confirm the payer meets the age requirement. Click Continue. Once payment has been approved, your receipt will display. Please print a copy for your records.

DON'T WAIT! Get accustomed to our online registration system **BEFORE** you register.

West Salem Parks



Park	Location	Operated By
Ball Diamonds	401 E. Hamlin Street	W.S. School District
Bike Shelter	180 E. Jefferson Street	Village of West Salem
Corral Park	663 Wagon Drive	Village of West Salem
Greene Park	675 Daffodil Street	Village of West Salem
Jim Zanter Park	601 Lewis Street	Village of West Salem
Lion's Community Shelter	240 East Avenue	Village of West Salem
Lower Park	950 Tilson Street	Village of West Salem
Pineview Park	725 Faye Drive	Village of West Salem
Riverview Park II	978 West Avenue N.	Village of West Salem
Riverview Park	940 West Avenue N.	Village of West Salem
Swarthout Lakeside Park	Hwy 16	La Crosse County
Swarthout Pool	401 E. Hamlin Street	W.S. School District
Tennis Courts	401 E. Hamlin Street	W.S. School District
Veterans Memorial Park	N4668 County Road VP	La Crosse County
Village Park	121 S. Mill Street	Village of West Salem

Park Rental Information

Village Parks 786-1858

La Crosse County Parks 785-9770

Spring Programs

Bike Rodeo

Look for info on the Bike Rodeo in our Spring/Summer brochure! Activities include: bike inspections, bike licensing, obstacle courses, prizes & more!



FREE!

Easter Egg Hunt



Saturday, March 23, 2013 at 10:30am

(Please arrive at 10:15am for instructions)

West Salem Village Park

Open to children 2-9 years

(Children will hunt in separate age divisions)

FREE—Co-sponsored by local businesses

Look for our 2013 Spring Summer Activities Brochure in early April.

Brochures are mailed to all households in the West Salem School District. Additional brochures can be found in our office, the Hazel Brown-Leicht Library and local schools.

Thank you to all of our TEE, PITCH, & JR. LEAGUE BASEBALL sponsors for the support you've given to our programs.

Advocare, Altra Federal Credit Union, Brenengen Auto Group, Bruce Defries Photography, Cenex, CenturyLink, Games People Play, Harris Bank, Image World, Jones Chiropractic, Lakeview Health Center, Meridian Corporation, Pischke Motors, Sprint, Union State Bank, United Auto Supply, Vermer, Village Lumber, West Salem Fire Department, West Salem Rod & Gun Club

West Salem Senior Citizen Center

Senior Nutrition Program

Dates: Monday - Friday
Time: 11:30am

Site: 2nd floor of WS Community Center, 175 S. Leonard St, West Salem

Cards & Games

Senior members gather together Mondays and Thursdays to play cards & games.

Meals on Wheels

West Salem residents can register for the Meals on Wheels Program by calling Tammy at 786-2975 between 10:30am-12:30pm or the County Aging Department at 785-9710 any other time. Accepted donations for meals is \$3.25, but anything or nothing is ok.

If you are interested in volunteering at the Senior Center or with the Meals on Wheels program, please call Tammy at 786-2975 between 10:30am-12:30pm.

Bingo

Dates: Third Thursday of each month
Time: 12:30 (After lunch)

How to Register

2. Walk-In (Cash & Checks Only)

For in-person service, stop by during our office hours:



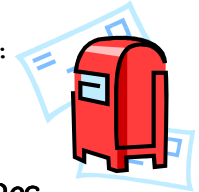
Monday 9 AM - 5 PM, Tuesday 9 AM - 3 PM,
Wednesday 9 AM - 3 PM, Thursday 9 AM - 5 PM,
Friday 9 AM - Noon

You can drop off your registration form, with completed payment, and we will create an ActiveNet account and register you for programs. We will accept cash or checks only for walk-in registration. We would be happy to walk you through the online registration process if you stop in our office. It will only take a few minutes to set up your online account.

3. Mail-In (Cash & Checks Only)

Mail completed registration form, along with payment to:

West Salem Park & Rec.
175 S. Leonard Street
West Salem, WI 54669



Please make all checks payable to WS Rec.

4. 24 Hour Drop Box (Cash & Checks Only)

At your convenience, drop-off your completed registration in a sealed envelope marked Parks & Recreation Registration. The 24 hour drop box is located on the south side of the West Salem Community Center building (near the railroad tracks).

Please make all checks payable to WS Rec.

What is my BEST CHANCE to get into the Class that I want?

REGISTER ONLINE from home!

You will have your confirmation instantly!

Internet registration will also be open **TWO WEEKS EARLIER**, than other registration methods (Sept. 4-18th).

Drop Off, Mail-In, and Drop Box registrations will be processed in the office as soon as possible after Tuesday, September 18th!

Don't forget—if you registered for activities in the past year, you already have an account! Contact for your username & password.

Policies & Registration Information

Am I Considered a Resident, School District, or Out of District?

What municipality do you pay your taxes to?

Village residents have a West Salem street address (no fire numbers). If you have a fire number and pay school district taxes to West Salem, you are considered a School District Resident. If you pay your taxes to any other district, you are considered Out of District.

Why do I have to pay more if I am a nonresident?

A portion of the Village of West Salem taxes is designated to pay for the buildings, parks, instructors and administration for the parks and recreational services. School District taxes help pay for the use of any school facilities, so a slight break is given to the families that live in the West Salem School District, but not in the Village of West Salem.

Class Confirmation

Assume you are enrolled and plan to attend your first class unless otherwise notified by the Park and Recreation Office or individual coach. If you register in the office, confirmation of program registration will be sent via email receipt.

You Snooze...You Lose

Nothing kills a program quicker than waiting until the last minute to sign up. If there are not enough participants for a program, it will be cancelled. Registering late will not guarantee that a program will run. Notifications will be given to program participants. In the event a program is cancelled, each participant will receive a full refund.

Waiting Lists

If you are unable to register for a program due to full enrollment capacity, you may request to have your name placed on a waiting list. There are no guarantees for placement. If any openings become available, we will refer to the waiting list to fill programs. Waiting lists are kept for the current program season only.

Refund Policy

There will be no refunds issued for special events, trips, or within 2 weeks of the starting date of any program. All other refunds will be processed after a **50% cancellation charge** is deducted. All refunds take a minimum of 2 weeks to process. Exceptions may be made in the cases of medical or family emergencies.

Recreation Event Cancellation

Please call the event cancellation number when inquiring about cancellations.

Event Cancellation Line: 791-0023



Spring Park & Rec. Traveling Soccer

This league is made by combining local communities. The communities include West Salem, Onalaska, Holmen, Bangor, and La Crescent. Travel is limited to the communities which are named. Games will be played on Tuesdays and Saturdays for grades 1 & 2, and Thursdays and Saturdays for grades 3 & 4 between the beginning of April & end of May. Each team will have its own practice time which will be determined by the **volunteer coach**.

Transportation for practices and games is the responsibility of the parent/guardian.

Separate teams will be formed for girls and boys. Co-ed teams will only be formed if there are not enough registrants at a particular level. Teams will be formed by grade only. A specific birth date does not apply for this league.

Players will be notified of their team placement after the registration period is complete and the coach has been determined. It is possible that parents may receive a letter requesting a coach if a volunteer is not in place at the end of the registration period.

Fees

Player fees help to cover the costs of soccer balls, nets, goals, uniforms, referees, league fees, and field maintenance.

Any registrations received or postmarked after February 15th are subject to a \$15 late fee. Full payment is required with registration.

Dates: Mid March—May

Times: Practice—TBD by coach; Games—Game schedule will be handed out

Site: Pineview Park

Fee: **Early Bird (Before February 15th)**

\$40 Village Resident / \$45 School District / \$50 Out of District

Non Discounted (After February 15th)

\$55 Village Resident / \$60 School District / \$65 Out of District

Grades: 1-4

REGISTRATION OPENS JANUARY 2nd!



CRC & Park and Rec Traveling Soccer Uniforms:

All players will be issued a soccer jersey to be worn **ONLY** for games during the course of the season. Jerseys are collected, on site, after the last game of the season by your coach. Participants that do not return their jersey are subject to an additional \$50 fee.

Black shorts, socks, and soccer cleats are recommended.

Shin protectors are mandatory.

Spring CRC Traveling Soccer

This is a large radius traveling league. The league currently includes the following cities; Onalaska, La Crescent, La Crosse, Winona, Mauston, Tomah, Sparta, Melrose, Richland Center, Decorah, Caledonia, Holmen, and Bangor. Games will be played on Saturdays and Sundays between the beginning of April and early June. Each team will have its own practice time which will be determined by the **volunteer coach**.

Transportation for practices and games is the responsibility of the parent/guardian.

Separate teams will be formed for girls and boys. Co-ed teams will only be formed if there are not enough registrants at a particular level. The Coulee Region Soccer Club, which West Salem is a member of, has strict guidelines for registration. A player having a birthday on or before August 1, will play at the next level. Please call the office if you should have any questions regarding this policy. Original birth certificates may be necessary for verification.

Players will be notified of their team placement after the registration period is complete and the coach has been determined. It is possible that parents may receive a letter requesting a coach if a volunteer is not in place at the end of the registration period.

Fees & Tournaments

Player fees help to cover the costs of soccer balls, nets, goals, uniforms, referees, player league fees, and field maintenance. A portion of the player fee is paid to the League (CRC) to cover CRC and WYSA memberships, player cards, scheduling and player fees. Tournament fees are extra and are **not included in the user fee**.

Any registrations received or postmarked after February 1st are subject to a \$20 late fee. Full payment is required with registration.

Dates: Mid March—June

Times: Practice—TBD by coach; Games—Game schedule will be handed out

Site: West Salem Elementary School

Fee: **Early Bird (Before February 1st)**

\$70 Village Resident / \$75 School District / \$80 Out of District

Non Discounted (After February 1st)

\$90 Village Resident / \$95 School District / \$100 Out of District

Grades: 5-8

REGISTRATION OPENS JANUARY 2nd!



Interested in Officiating Soccer Games this Spring?

Be sure to get Certified or Re-Certified! Courses are offered over the winter! Visit www.wisref.org for a listing of upcoming classes in the Coulee Region. *Only certified Soccer Referees will be hired for Spring 2013.*

Policies & Registration Information



Say Cheese

For program promotion purposes, photos may be taken of participants from time to time. If you do not wish to have your photo taken, please notify the photographer and/or class instructor. Photos may be used in publications, on website, or in the newspaper.

Typo, Human Error, We Goofed...!?

Occasionally there may be an error in days, times, registration requirements, or fees in the brochure. When such errors occur, our staff will do everything possible to correct the situation promptly. We thank you for your patience and understanding when these situations arise.

Insurance

The West Salem Parks and Recreation Department does not provide accident or hospital insurance for individuals participating in sponsored activities. It is recommended that all participants obtain or review their personal insurance policies (medical, accident, and liability.)

Returned Checks Policy

A \$35.00 service fee will be assessed on checks returned due to insufficient funds.

Employment Opportunities

Persons interested in obtaining part-time/seasonal employment or volunteering with the WS Park and Rec. Department should complete an application form available in the department office. We are currently looking for flag football officials, basketball referees, concession staff, program leaders and instructors for various programs.

Parks Rental

Village of West Salem Parks: *Reservations may be made by calling 786-1858.*

Village Park — Available through mid October

Lion's Community Shelter — Available through September 30th

Pineview, Corral, Jim Zanter, and Greene Park

Available on a first come, first served basis, no reservation required.

La Crosse County Parks: *Reservations may be made by calling 785-9770.*

Veteran's Memorial Park & Neshonoc Park

Available through October 7th

All park locations can be found on the map on the last page of this brochure.

Upcoming Community Events

Garland Days

September 14-16 TBA Village of West Salem

Community Rummage Sale

September 14-15 TBA Village of West Salem

Movie in the Park—The Lorax

September 15th Dusk Village Park

Homecoming Parade

September 28th 2:15 pm Downtown West Salem

Movie in the Park—The Pirates: Band of Misfits

October 20th Dusk Village Park

Farmers Market

Wednesdays Through Oct. 31 2:00 - 6:00 pm Bike Trail Park

Trick-Or-Treating

October 31st 3-6 pm Downtown Businesses
Sponsored by West Salem Business Association
4-8 pm Village of West Salem

First Responders Chili Supper

November 8 4-7 pm West Salem Elementary

Coaches rebate

Volunteer adult coaches will receive a \$15.00 rebate (one per coach) at the end of the season.

The only way we can continue to offer an inexpensive youth program that is able to accommodate all interested children, is with the help of adult volunteer coaches. Teams without coaches will have their registration fee returned.

Volunteer coaching can be a very rewarding and educational experience. You do not need to be an expert— you only need a desire to provide a fun, recreational experience for children.

Volunteering as a coach is contingent upon successful background screening.

POLL WORKERS NEEDED!



Are you interested in:

- ★ Serving your community?
- ★ Doing rewarding work?
- ★ The election process?

If you answered yes, the Village of West Salem hopes you'll consider becoming part of our pool of poll workers. Interested persons **MUST** reside in the Village of West Salem with a West Salem street address (not a fire number address). You will be trained how to work at an election, and would receive a small stipend per hour of work at an election.

If interested, Call the Village of West Salem at 786-1858, for more information.

Adult Activities

Start-Restart Tennis

New & returning players Can enjoy a successful tennis debut through the use of proper standardized skill sets, skill-appropriate equipment, player handouts & USTA support. Participants will receive a t-shirt, discounted USTA membership, & more!

Dates: April 7, 14, 21, 28 May 5 & 19 **Site:** WSHS Tennis Courts
Fees: \$45.00 **Time:** 6:00-7:00 pm **Ages:** 18 & older

Adult Open Soccer



Dates: Sundays, Nov. 4 - March 31 **Time:** 5:00-7:00 pm
Fees: \$10.00 a night or \$50.00 for a season (collected on site) **Site:** WSES Gym



Adult Men's Basketball League

Intent to Participate forms and sponsor fee due Wed. Oct. 24th at managers meeting. Individual player fees and completed roster due Wed. Nov. 7 before first game. Registration will be limited to the first 18 teams to have their Intent to Participate and sponsor fee turned in. For more information on registering a team, please call the WS Park & Rec. Office at 786-0222.

Mandatory Managers Meeting: Wed., Oct. 24, 6:30pm at WS Community Center.

Dates: Season: Nov 7, 14, 28 Dec 5, 12, 19, Jan 2, 9, 16, 23, 30 Feb 6, 13, 20
Tournament: Feb. 27 Mar 6, 13

Times: 6:30 pm, 7:30 pm & 8:30 pm **Sites:** WS Elementary & High Schools
Fee: **Sponsor:** \$150.00 **Players:** \$15.00 a person

Adult Women's Basketball League

Intent to Participate forms and sponsor fee due Wed. Oct. 24th at managers meeting. Individual player fees and completed roster due Sun. Nov. 11 before first game. Registration will be limited to the first 8 teams to have their Intent to Participate and sponsor fee turned in. For more information on registering a team, please call the WS Park & Rec. Office at 786-0222.

Mandatory Managers Meeting: Wed., Oct. 24, 7:00pm at WS Community Center.

Dates: Season: Nov 11, 18, 25, Dec 2, 9, 16, Jan 6, 13, 20, 27, Feb 3, 10, 17, 24
Tournament: Mar 3, 10

Times: Nov/Dec-4:00 pm & 5:00 pm Jan-Mar-2:00 & 3:00 pm **Sites:** WSHS
Fee: **Sponsor:** \$150.00 **Players:** \$10.00 a person



Adult Activities

Bunco & Wine Tasting Nights

Calling all BUNCO gals...please join us for a night of food and fun at the Wine Guyz! Wine tasting with appetizers will run from 6-7pm followed by a Bunco extravaganza until 9pm. Dessert will be served to wrap up the night! Bring your friends or come and meet some new ones. No previous BUNCO experience needed! Preregistration required! **Max: 16**

Date: November 15th or February 7th
Time: 6:00-7:00pm Happy Hour, 7:00-9:00 Bunco
Site: Wine Guyz (122 King Street, La Crosse)
Fee: \$15.00 **Ages:** 21 & older



Adult Zumba

Zumba fuses hypnotic Latin rhythms and easy to follow moves to create a dynamic workout that will blow you away. The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Instructor: Amy Jo Krueger (licensed Zumba instructor)

Date: **Session 1:** Sept. 13, 18, 20, 25, 27, Oct. 2, 4, 9, 11, 16, 18, 23, 25, 30, Nov. 1, 6, 8, 13, 15, 20
Time: 6:00-7:00pm
Ages: 18 & Older
Session 2: Jan. 8, 10, 15, 17, 22, 24, 29, 31, Feb. 5, 7, 12, 14, 19, 21, 26, 28, Mar. 5, 7, 12, 14
Site: WSHS Dance Studio
Fee: 1/2 Session (10 Classes): \$30 **OR** Full Session (20 Classes): \$45



Adult Co-Ed Volleyball League

3 men/3 women on the court (No referees). Max of 10 players per roster. "A" & "B" divisions will be available this year. Intent to Participate forms & sponsor fee due Wed. Oct. 24th at managers meeting. Individual player fees & completed roster due Wed. Nov. 7 before first game. Registration will be limited to the first 8 teams in each division to have their Intent to Participate and sponsor fee turned in. For more information on registering a team, please call the WS Park & Rec. Office at 786-0222.

Mandatory Managers Meeting: Wed. Oct. 24th, 7:30pm at WS Community Center.

Dates: **Season:** Nov 7, 14, 28 Dec 5, 12, 19, Jan 2, 9, 16, 23, 30, Feb 6, 13, & 20
Tournament: Feb. 27th & March 6th

Times: 6:00 pm, 7:00 pm, 8:00 pm, 9:00pm **Site:** WS Middle School
Fee: **Sponsor:** \$100.00 **Players:** \$10.00 a person

Take Time For Fun Photo Contest

The West Salem Rec. Dept. is looking for your photos for our "Take Time For Fun" Photo Contest.

Please use the following criteria when submitting a photo:

1. E-mail submissions only to parknrecstaff@westsalemwi.com
2. Include: Name, address, phone, date taken, location and short description (include names of participants if applicable)
3. Only photos of Park and Recreation events or within West Salem Parks will be accepted

Awards include:

1st place photo

Placed in an upcoming brochure, a \$25 Park & Rec. gift certificate and t-shirt

2nd place photo

Placed in an upcoming brochure, a \$5 Park & Rec. gift certificate and t-shirt

3rd place photo

Placed in an upcoming brochure

Entry Deadline: Friday, February 22, 2013

Lion's Community Shelter Ice Rink

The Lion's Community Shelter Rink (240 East Avenue) is an enclosed outdoor rink with lights and dasher boards. Open skate times are available to the general public and are without sticks and pucks. **This schedule is subject to change, additional times may be available please check the www.westsalemhockey.com website for current updates.** The rink ice is provided and maintained by the West Salem Hockey Association.

	Open Skate Times	West Salem Hockey	Skating Lessons
Monday	8:00-3:15 pm	3:15-11:00 pm	
Tuesday	8:00-3:15 pm	3:15-11:00 pm	
Wednesday	8:00-3:15 pm	7:00-11:00 pm	5:30-7:00pm
Thursday	8:00-3:15 pm	3:15-11:00 pm	
Friday	8:00-3:15 pm	3:15-11:00 pm	

Weekend Schedule will be posted on the WS Hockey Association Website after registration on October 10th.

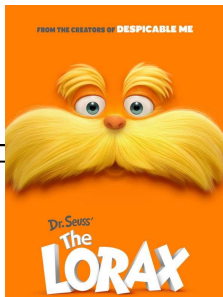


Fall Family & Youth Events

Movie in the Park

Come join the Park & Rec. Dept. for a night at the movies in Village Park. Bring your sleeping bags, blankets, or lawn chairs and settle in for an evening of free entertainment. The family friendly movie will begin at dusk. Make sure you visit our concession stand to purchase your popcorn, drinks, snacks, and glow sticks throughout the movie. We will be collecting non-perishable food items to be donated to the local food pantry. **(Date is Weather Permitting)**

Movie: The Lorax (Rated: PG, Running Time: 86 Mins.)
Time: Dusk; Approx. 8:00pm **Ages:** All
Date: Saturday, Sept. 15th **Site:** WSP Village Park
Fee: Free! Non-perishable food donations are encouraged!



Fall Festival

Bring the entire family out to Village Park for an exciting evening of fun fall activities. Join us for pumpkin decorating, carnival games and fall themed activities. Prize tickets earned from carnival games can be redeemed for candy & small toys.

The WSPD Police Dept. will also be selling pulled pork sandwiches with two sides from Big Boar Smokers BBQ for dinner at this event. **The WSPD is raising money for the purchase of new Life Saving Equipment. All proceeds from dinner sales will go towards the purchase of that equipment.**

Following dinner we will be showing newly released The Pirates: Band of Misfits on our big screen in the park. We will also have concessions, including caramel apples, popcorn, candy, beverages, & glowsticks, available during the movie. Don't forget your blankets & lawn chairs!



Fall Festival is fun for **all ages** and it's a great way to spend some quality time with the entire family!

Date: Sat. Oct. 20th **Ages:** ALL!
Site: Village Park
Time: Games/Activities: 4:30-6pm Dinner: 5:00-7:00pm
 Movie: approx. 7:00 (dusk)
Fee: \$20 family or \$5 individual
 Pulled Pork Sandwich Dinner: \$7.50
 Concessions available for an extra fee

Police Department Fundraiser

The WSPD will be selling pulled pork sandwich dinners from Big Boar Smokers BBQ to raise money for the purchase of Life Saving Equipment. Dinner includes sandwich, beans and coleslaw.



Tickets can be purchased at West Salem Village Hall & local businesses.

Holiday Activities

Cookies for Santa

Leave the mess at home and come decorate cookies for Santa! Participants will have the opportunity to bake and decorate various cookies to take home for Santa...and even make a treat for themselves!

*An adult is recommended to be present to help those who cannot decorate their own.

Please note: food allergy alternatives are not available for this program.

Date: Tuesday, December 11th
Time: 6:00-7:30pm
Site: Middle School FCE Room
Fee: \$10 Village Res.
 \$15 School Dist.
 \$20 Out of Dist.
Ages: 5 & up
Max Participants: 20



Letters To Santa

Have you shared your wishes with Santa yet this year? Children and those young at heart, can all write to Santa and receive a letter in return. All you need to do is drop off your letter in Santa's mini mailbox in the lobby of the West Salem Post Office. **Be sure to include your full name and home address so Santa can find you!**

Dates: Nov. 26th - Dec. 21st, 2012
Cost: FREE

Linda's
Bakery



Hwy 16 - West Salem

608-786-1818

You Really CAN Taste the Difference!

Ready, Set, Decorate!

Sponsored by Linda's Bakery

It's that time of the year again, get out your ladders and lights, your cardboard Santa's and reindeer. Decorate and light up your home so that it can be seen from space. Nominate a home in the 5th Annual West Salem Holiday Lights Home Decorating Contest. Any home in the school district of West Salem is eligible for this contest. Prizes will be awarded to the top 3 homes and a drawing for a special prize will be held for anyone who nominates a home. Nominations are due by Wednesday, December 12. Judges will be out the night of December 13, to view nominated homes!

Contest winners will be pictured in the Coulee News Christmas Edition!

1st Prize: \$50 Gift Certificate to Linda's Bakery for Holiday Goodies
2nd Prize: \$30 Gift Certificate to Linda's Bakery for Holiday Goodies
3rd Prize: \$20 Gift Certificate to Linda's Bakery for Holiday Goodies
Nominator Prize: \$20 Gift Card to Cenex I-90 West Salem

Official nomination forms will be accepted at the West Salem Parks and Recreation Department Office.

Forms available in the Park & Rec. office or online at www.westsalemwi.com.

Winter Activities



An Excellent Adventure

Join the West Salem & Onalaska Park & Rec Depts. for a fun filled day off from school! Participants will be picked up from the WS Rec. Office at 8:00am and head to High Roller Skating Center for 2 1/2 hours of skating & indoor playground fun. We will be having a pizza lunch at High Roller before heading to Valley Square. At Valley Square we will view a new release child friendly movie (TBD). A small popcorn & soda are included with the movie. Participants will return to the WS Rec. Office at approx. 2:45pm.

Please send extra money with you child if they would like a rollerblade upgrade (\$2.00) or additional concessions throughout the day.

Date: Friday, February 15th **Time:** 8:00am-Approx. 2:45pm
Ages: 8-12 **Fee:** \$28 (extra \$2.00 for rollerblades day of)
Site: Drop off & Pick up at WS Park & Rec. Office: High Roller Skating Center, & Valley Square Cinema

Ice Skating Lessons

This introductory class will help you achieve basic skills. No need for previous skating experience. **Ice skates are NOT provided!**

Dates: Session I: Nov 7, 14, 28, Dec 5, 12, 19
 Session II: Jan 2, 9, 16, 23, 30 Feb. 6

Times: Gr 3-7: 5:30-6:00pm
 Open Skate: 6:00-6:30pm
 PK-2: 6:30-7:00pm

Ages: PK to 7th grade
Site: Lion's Shelter Ice Rink
Fee: \$15 Village / \$20 School / \$25 Out

Team Sponsors Needed

For only \$150 you can sponsor a flag football, volleyball, or basketball team this fall or winter. Being a team sponsor offers an excellent way for a business to be a good corporate citizen and to support local youth sports. Team sponsorship includes your logo printed on team t-shirts. We anticipate over 100 kids will register for our programs which estimates to hundreds of parents, relatives and friends recognizing you business. Call **786-0222** for more info.



Open Gym Basketball

All participants must sign in at the door for each session. A limited number of basketballs will be available to check out. A driver's license or student ID will be needed to check out equipment. Please feel free to bring your own basketball, however the Rec. Dept. is not responsible for lost or stolen items.

Dates: Nov. 4, 11, 18, 25, Dec. 2, 9, 16 Jan. 6, 13, 20, 27, Feb. 3, 10, 17, 24
Times: Family Time: 4:00-5:15 pm *Adult Time:* 5:15-6:30 pm
Ages: Family Time: must have a supervising adult 18+ *Adult Time:* must be 18+
Site: West Salem Middle School Gym
Fee: \$1.00/participant, per time slot (collected on site) or \$10 punch card good all season (sold on site or at Park & Rec. office)



Fall Family & Youth Events

Paintball Outing

Holmen, Onalaska and West Salem have been playing paintball recreationally for years with Arrows in the Square. All games are professionally refereed to insure player safety and fair play. **Fee includes goggles, mask, gun, air, and first 100 balls!** Wear dark colors, long pants & sleeves, gloves, hat, and shoes or boots. Bring water and dress in layers and appropriately for the weather. The Green Bay Packers play on Sunday night, so join us for a great afternoon. **NO TRANSPORTATION PROVIDED!**

Date: Sunday, October 14 **Time:** 1:00-4:00 pm
Site: Arrows in the Square—N7681 Casberg Coulee Rd., Holmen, WI
Ages: 10 & up, parents welcome **Limit:** 10 **Fee:** \$15 a person
Extra balls available for \$5 per 100 on site. Most participants spend another \$5-\$10.



The Twisted Maze Run

Get Totally Twisted
With the corniest 5k around!

5K Run/Walk

9 AM Saturday Sept. 22, 2012

No worries, no getting lost! Run on a well marked, pre-determined course that twists and turns THROUGH the Hidden Trails Corn Maze.

For more info visit:
www.twistedmazerun.com

Children 13 years and under FREE with registered adult!
Details online
REGISTER BY Sept. 6 to guarantee a race day t-shirt.
EARLY BIRD ends Aug. 23rd!
Registration limited.

Event begins and ends at Hidden Trails Corn Maze
 W4704 Hwy 16 West Salem, WI

Your participation helps further the mission of Communities Off n' Funning - to create & support active endeavors that get kids, families and communities Up, Out and Active!
 It is with pleasure that a portion of this year's event proceeds will also help out the local West Salem Parks and Recreation Program. Thank you!

Caution: Course does contain an absurd amount of corn!

Union State Bank

INSTY-PRINTS

Communities Off n' Funning: Ignite. Community. Activity. www.offnfunning.com



Fall Youth Sports

Northwoods Taste of Martial Arts

The Taste of Martial Arts program is a blended sample of Tae Kwon Do, Judo, Hapkido and modern day self-defense with an emphasis on mental focus and character development. Students learn the fundamentals of martial arts and self-defense in a safe and family friendly environment. Students will learn the difference between a bully and a martial artist and the difference between fighting and defending yourself. This program is open to anyone age five and above, including adults. **Instructor:** George Baldwin **Class info:** 317-4786

Dates: **Session 1:** Oct. 2, 4, 9, 11, 16, 18, 23, & 25
Session 2: Feb. 5, 7, 12, 14, 19, 21, 26, & 28 **Grades:** K-Adult
Time: 4:15-5:00pm **Site:** Northwoods Martial Arts Studio
Fee: \$35 Village / \$40 School / \$45 Out / \$15 Parent with child

Little Warriors

Little Warriors is a martial arts program specifically designed for kids ages 4-6 to assist with focus & self-control. This program focuses on improving your child's listening & motor skills. Our Little Warriors classes are fast-paced, fun-filled, educational and motivational. Kids learn & grow in a positive, well disciplined & encouraging atmosphere.

Instructor: George Baldwin **Class & Registration Information:** 317-4786

Dates: First Class starts Sept. 4th—Continuous monthly classes
Times: 3:45-4:15pm **Ages:** 4-6
Site: Northwoods Martial Arts Studio
Fee: Please contact George Baldwin at 317-4786 for class fee & registration info

Jr. League Bowling



This is published as a courtesy for **West Bowl Lanes**, if you should have questions please feel free to Call 786-9000.

Sign Up: Girls & Boys ages 6-18: West Bowl Lanes Saturday, Sept. 8 between 9-Noon
Season: September 15-late February (make-ups available) 3 games played per date.
One time sanctioning fee, amount TBD
Ages: 8-18 **Times:** 9-Noon

1st-4th Grade Girls In-House Volleyball

This program will utilize many creative methods such as individual, partner, and small group games with a variety of equipment. Players will learn the fundamentals of volleyball while experiencing team cooperation in a positive environment.



Dates: October 1, 4, 8, 11, 15, 18 (Mon & Thurs)
Times: Grades 1-2: 6:00-7:00pm Grades 3-4: 7:00-8:00pm
Site: WSES Gym **Grades:** 1-4
Fee: \$25 Village / \$30 School / \$35 Out of Dist.

Winter Youth Events



Bowling Fun Day

Come to the Coulee Golf Bowl on this day off of school and have a blast bowling with your friends! The fee includes 2 games, prizes and a lunch (hotdog, chips & soda). Please note, if you have bowling partners (4 to a lane) otherwise we will make groups. Participants are responsible for their own transportation to and from Coulee Golf Bowl.

Date: Monday, January 21st
Ages: 8-14
Site: Coulee Golf Bowl (100 Green Coulee Rd.)
Time: 1-3pm
Fee: \$15

Cupcake Craze

Come get messy with frosting as you decorate all different types of cupcakes with us! You'll learn how to use decorating utensils and see what the new trends are. You don't have to bring anything, all supplies are provided. Of course you'll be able to have a taste after all the hard work is done.

Sponsored by Linda's Bakery!

Date: Thurs. Oct. 11th or Thurs. Jan. 24th
Time: 6:00-7:15 pm
Ages: 5 & older
Site: **Oct. 11:** Onalaska Community Center
Jan 24: Hazel Brown Leicht Memorial Library Community Room
Fee: \$5 Village / \$10 School / \$15 Out
Max Participants: 12 Kids
When registering please make note of any food allergies or dietary restrictions.



Movie & a Makeover



Girls, in grades 1-5, come join us for a girls night out! We'll enjoy manicure & pedicure time, facials, try out some new hairstyles and more! We'll finish our evening with popcorn and a screening of Mirror, Mirror (PG). Please bring your own hairbrush or comb.

Date: Thurs. Nov. 29
Site: Hazel Brown Leicht Library Community Room
Fee: \$15 Village / \$20 School Dist. / \$25 Out of Dist.
Time: 5:00-8:00pm **Grades:** 1-5

Questions?

Information regarding refunds, Class Confirmation, waiting lists and our payment structure can be found on the first two pages of the brochure.



WEST SALEM HOCKEY



West Salem/Bangor/Mindoro



AGES 2-HIGH SCHOOL

LEARN TO SKATE FOR FREE PROGRAM

Give it a shot! Have your child try our 3 session learn to skate program. 6-7pm Tuesday, Oct. 30th & Thursday, Nov. 1st—1-3pm Saturday, Nov. 3rd

This program does not concentrate on the game of ice hockey, but rather simply on teaching children the progression of standing to skating forward and backwards and executing turns. We will also have information available on area programs that include ice skating and West Salem Youth Hockey's FREE TRANSITION PROGRAM with continued Learn to Skate and Learn to Play over 12 weeks. All skating instructors will be USA Hockey Certified Coaches, with assistance from High School and Junior level players. Registration is required & available at westsalemhockey.com. Some skates will be available for children that don't have them. This is a free program!

All participants will receive gifts at the conclusion of the program.

All this is made possible by generous donations from our local businesses and community. 100% of expenses and costs are raised through the fund raising efforts of the West Salem Hockey Association.

HOCKEY REGISTRATION

When: **Sat., September 15th**
9:00am—12:00pm

Wed., September 19th
5:00pm—8:00pm

OR

Where: **WS Elementary**

West Salem Lions Shelter

WSHA TEAM LEVELS AND REGISTRATION FEE SCHEDULE

Below is a table of our team levels and fees. West Salem is a volunteer run organization and due to that our fees are lower than other associations in our area. When looking at the fees remember the season is four months of winter entertainment and exercise for your child. The \$40 fee paid online to USA Hockey is for insurance and Wisconsin Amateur Hockey Association fees and is MANDATORY for all skaters. The fee for skaters ages 6 and under is FREE.

Year of Birth	Team/Age Division	WSHA fee/USA Hockey Fee
1998-1999	Bantam	\$235/\$40 = \$275
2000-2001	Pee Wee	\$160/\$40 = \$200
2002-2003	Squirt	\$105/\$40 = \$145
2004-2005	Mite Level (In House-ADM)	\$50 /\$40/\$10 trophy fee = \$100
2006 & younger	Termite	FREE/FREE = FREE

FIRST YEAR is FREE at ALL LEVELS Except USA HOCKEY FEES!!

Please visit www.westsalemhockey.com for more information.

Contact registrar Lori Szymanski with any questions at

loriszymanski@yahoo.com or 608-498-0235.



Fall / Winter Youth Activities

Junior Poms

The WSHS Dance Team & coach, Nicole Friell, will be teaching the girls a short routine that will be performed at half time of a WS Boys varsity basketball game. A member of the dance team will meet participants at the WSES flagpole each day to walk them over to practice at the HS. Participants can be picked up in the HS Commons after practice. A portion of the proceeds will benefit the high school dance team. Please send a snack/drink with your child to practice. Performance info will be handed out at 1st practice.

Dates:	Practice: Dec. 4, 5, & 6	Performance: Dec. 7
Time:	Practice: 3:30-5:00pm	Performance: Half time (approx. 8:15pm)
Site:	Practice: WSHS Dance Studio	Performance: High School Gymnasium
Fee:	\$20 Village / \$25 School / \$30 Out	Ages: Grades 1-5

Amigos Spanish Academy

Spanish Academy is taught by Mrs. Dotz, a retired Spanish teacher. No tests or report cards, just learning the basics through song, dance, skits & games. Students should bring markers or crayons, a pencil & a 1 gallon zip lock bag.

Dates:	Session I: Tues/Thurs Oct. 2nd-18th
	Session II: Tues/Thurs Jan. 8th-24th
Times:	3:30-4:30pm
Site:	Onalaska Community Center
Fee:	\$75
Ages:	4th & 5th grade
Max Participants:	10

Arts & Crafts

Join our staff in expanding your creative genius. Participants will get to experience using many different art mediums. Let your creativity soar.

Dates:	Oct. 4, 11, 18, Nov. 1, 8, 15
Time:	3:30-4:30pm
Site:	WS Elementary Multi-purpose room
Fee:	\$20 Village / \$25 School \$30 Out of District
Ages:	5-10



Kritter Klub

Four Kritter Klub programs will be offered. Each program will offer a different theme, craft, information, and take home goodie. The Coulee Region Humane Society staff will lead the programs, with some visits from your furry friends. We ask that you bring an old towel, pet toy or tennis ball for the animals of the shelter!

Dates:	Class 1: October 18 th	Class 2: November 15 th
	Class 3: January 17 th	Class 4: February 21 st
Times:	6:00-7:30pm	Ages: 7-12
Site:	Onalaska Community Center	Fee: \$7 a Class
Max Participants:	7 Kids per Class	



Don't forget to LIKE us on Facebook!



Search for **West Salem Parks & Recreation Department**, then click the "Like" button at the top of the page. We use Facebook to provide updates on programs, post program pictures, as well as hold contests & give away prizes!

Winter Youth Sports

Pee Wee Basketball

This 8-week program will provide children with basic basketball skills and fundamentals. Small sided game play will also be introduced.

Dates: Dec. 15, 22 Jan. 5, 12, 19, 26, Feb. 2, 9 (Saturdays)
Times: K: 8:30-9:30am 1-2: 9:30-10:30am
Site: WS Elementary School Gym
Fee: \$20 Village Res. / \$25 School Dist. / \$30 Out of Dist.
Ages: Boys Grades K-2 Girls Grades K-2



Rookie League Basketball

This 14-week program will provide children with basic basketball skills and fundamentals. In addition, participants will experience game play. A specific game schedule will be handed out on December 1 for the remainder of the season. Games will be played at WS High School, La Crosse Boys & Girls Club, Onalaska Middle School, and Eagle Bluff Elementary School.

Volunteer coaches are needed to help the entire season.

Dates: Nov. 3, 10, 17, Dec. 1, 8, 15 Jan. 5, 12, 19, 26, Feb. 2, 9, 16, & 23
Times: First Practice for all teams: 8:30-10:00am
 Remaining Practices: Vary by team 8:30-10:30am-Schedule to be handed out Games (Dec-Feb) : range 8:00-Noon
Sites: Practice—WS Elementary Gym: Nov. 3, 10, 17, Dec. 1 (at Christ-St. Johns)
 Games—Regional Sites—See list above: Dec. 8, 15 Jan. 5, 12, 19, 26, Feb. 2, 9, 16; Tournament: Feb. 23
Fee: \$40 Village Resident / \$45 School District / \$50 Out of District
Ages: Boys Grades 3 & 4, Girls Grades 3 & 4

Junior League Basketball

This is a competitive traveling league participating in the Great Northwest Basketball League. Teams will participate in 6 weekend tournaments and 1-3 weekday practices. Practices are generally held between 6:00 and 9:00pm.

Registered players will be notified of their first practice. Registration is due by October 12. Please note, return of pre-registration letter only holds your spot, a completed registration form with remainder of fees is required for participation. Transportation is the responsibility of the parent or guardian. Volunteer coaches are still needed.

Dates: Practice: Begins anytime after November 5th
 Weekend Tournaments: TBA (December-March)
Times: Practice: TBA by coach Weekend Tournaments: TBA
Sites: Practice: WS Middle and Elementary School Gyms
 Weekend Tournaments: TBA Varied
Fee: **Early Bird (Before October 12th)**
 \$75 Village Resident / \$80 School District / \$85 Out of District
Non Discounted (After October 12th)
 \$95 Village Resident / \$100 School District / \$105 Out of District



Winter Youth Sports

West Salem Area Indoor Soccer—Futsal

Sponsored by Viterbo University Women's Soccer

Futsal is an excellent introduction to the sport of soccer and is great for the development of foot skills and ball control. Futsal is played indoors with teams of 3-5 players, using a smaller ball and mini goals. Each session will focus on teaching the rules of the game, skill development and playing games. All sessions will be professionally run by Viterbo University coaches and players.

Dates: Sundays – Feb 17, 24, March 3, 10, 17, 24
Time: Ages 5-7 at 1:00-2:00pm, Ages 8-10 at 2:00-3:00pm
Site: West Salem Elementary School
Fee: \$25 per player **Ages:** 5-10



Questions: Contact Scott Pirnstill at (608) 304-0371 or sprinstill@viterbo.edu

Practice with a Panther



Come meet and compete with players of the West Salem Panthers Varsity Girls or Boys basketball teams. Girl's practice will be led by coach Mike Malott and his staff, while boy's practice will be lead by coach Chad Hayes and his staff. Bring a pair of gym shoes and wear

comfortable clothing to take part in numerous drills and games. Each participant will receive an item to be signed by the team, a t-shirt, & **FREE** admission to a varsity game where they will showcase their new skills at halftime.

Girls Program

Dates/Times: Practice: Feb. 19 from 3:30-5 pm Game: Feb. 21, game starts at 7:30pm
Site: WSHS Gym **Grades:** 3rd-6th **Fee:** \$10

Boys Program

Date/Time: Practice: Nov. 16, from 6-8 pm Game: Nov. 20, game starts at 7:30pm
Site: WSHS Gym **Grades:** 3rd-6th **Fee:** \$10

Food will be served beginning at 5:30pm for a fee to benefit the WSHS boys BB program

Junior Wrestling

The West Salem/Bangor Wrestling Club has been successful for over 3 decades in providing youth with fundamental wrestling skills. Weekend tourneys are available and optional. The West Salem tournament will be held March, 2nd.

Parent Meeting January 3rd before the 1st practice starting at 5:45pm

Dates: Jan. 3, 7, 10, 14, 17, 24, 28, 31, Feb. 4, 7, 11, 14, 18, 21, 25, 28, Mar. 4, 7, 11, 14, 18, 21, 25
Times: 6:00-7:15pm **Ages:** PK-8th Grade
Site: WSMS Cafeteria **Fee:** \$30

Program contact: Barb Gilster: 386-7836 **Deadline to register: December 28**



Thank You ... We couldn't have done it without you !!!!

- To the WS School District staff
- To our dedicated volunteers for sharing your time & talents.
- To the many businesses, organizations, & individuals that have made us what we